

Actions Schools Can Take to Help Children Be More Resilient

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ABSTRACT

This presentation will examine evidence-based whole-school and classroom policy and practice (especially policy development and implementation) associated with building resiliency in children. Research, including extensive bullying research conducted by the WA Centre for Health Promotion Research at Curtin University and other evidence related to school-based interventions to address resiliency, will be presented. This will include what is known about the characteristics of resilient children as well as what educational and social outcomes school programs may need to address to enhance these characteristics. It will also address parenting factors and the role of parents/families in building children's resiliency. Examples of successful practice in the form of Western Australian government and non-government school case studies, related to building resilience to address bullying reduction, will also be presented.